

il Casale

Gluten-free Menu

Below is a sampling of dishes that are available to be prepared gluten-free.

Always communicate with your server about any food allergies.

SFIZI

olive miste, cured Italian olives, citrus, rosemary 5.

burrata, arugula, roasted peppers, fried brioche 12. ***

scampi, "bagna couda", white shrimp, garlic, capers, parsley, preserved lemon, grilled bread 16.***

INSALATE

paesana, roasted beets, bibb lettuce, creme fraiche, fresh grated horseradish, pistachios 12.

insalata di pollo, romaine hearts, poached chicken, radicchio, endive, scamorza, buttermilk dressing 15.

cacio e pepe, chopped frisee salad, pecorino, oven cured tomatoes, fresh cracked black pepper 14.

FORMAGGI

selection of aged cheeses from italy, jam 16. ***

SALUMI

salumi plate for two, classic italian charcuterie paired with seasonal fruit 21.***

PESCE

pescespada alla piccata, swordfish scallopine, lemon caper sauce, pickled pioppini mushrooms, arugula 27.***

salmone, herb crusted faroe island salmon (Denmark), sweet potato puree, herb salad 27.***

pescato di giornata, catch of the day / market. ***

CARNE

siciliana, oven-roast chicken, lemon-caper sauce (Giannone, Organic & Halal, QC) 24.

saltimbocca alla romana, veal medallions, prosciutto, bufala mozzarella, veal demi-glace 27. ***

grigliata, "cut of the day" potato croquette & celery cacio e pepe / MKT. ***

risotto, arborio rice, porcini mushrooms, sausage, vin cotto, lemon mascarpone 19.

CONTORNI 8. each

rapini all'aglio, sautéed broccoli rabe, garlic, chile flake

bietola, sautéed rainbow chard, garlic, feta

cavoletti, Brussels sprout "hash", crispy shallots***

fagioli, pressure cooked cannellini beans, tons of herbs, Zefiro evoo D.O.P. Sicily

*****A few ingredients will be left out in these dishes to accommodate gluten-free requests.**

***Consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of food borne illness.**

Not all ingredients are listed.

Before you place your order please inform your server if a person in your party has any food allergies.