

# *il Casale*

## Gluten-free Menu

**Below is a sampling of dishes that are available to be prepared gluten-free.**

*Always communicate with your server about any food allergies.*

### SFIZI

**olive miste**, cured Italian olives, citrus, rosemary 5.

**burrata**, arugula, roasted peppers, fried brioche 12. \*\*\*

**scampi**, "bagna couda", white shrimp, garlic, capers, parsley, preserved lemon, grilled bread 16.\*\*\*

### INSALATE

**paesana**, lightly grilled bibb lettuce, brown butter dressed beets, trout roe, creme fraiche 14.

**Ipanema**, baby spinach salad, papaya-mango salsa, hearts of palm, avocado, Brazilian cashews 14.

**cacio e pepe**, chopped frisee salad, pecorino, oven roasted tomatoes, fresh cracked black pepper 12.

### FORMAGGI

selection of aged cheeses from italy, jam 16. \*\*\*

### SALUMI

salumi plate for two, classic italian charcuterie paired with seasonal fruit 21.\*\*\*

### PESCE

**pescespada alla piccata**, swordfish scallopine, lemon caper sauce, pickled pioppini mushrooms, arugula 27.\*\*\*

**salmone**, herb crusted faroe island salmon (Denmark), sweet potato puree, herb salad 27.\*\*\*

**pescato di giornata**, catch of the day / market. \*\*\*

### CARNE

**piccata siciliana**, oven-roast chicken, lemon-caper sauce (Giannone, Organic & Halal, QC) 24.

**saltimbocca alla romana**, veal medallions, prosciutto, bufala mozzarella, veal demi-glace 27. \*\*\*

**gran misto griglia del Casale**, "cut of the day" with grilled vegetables / MKT. \*\*\*

**risotto**, arborio rice, porcini mushrooms, sausage, vin cotto, lemon mascarpone 14./28.

### CONTORNI 8. each

**rapini all'aglio**, sautéed broccoli rabe, garlic, chile flake

**spinaci**, sautéed spinach, lemon mascarpone

**arrabbiata**, sautéed string beans, spicy sugo

**fagioli**, warm cannellini bean salad, shaved red onion, pear tomatoes, basil vinaigrette

**\*\*\*A few ingredients will be left out in these dishes to accommodate gluten-free requests.**

**\*Consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of food borne illness.**

**Not all ingredients are listed.**

**Before you place your order please inform your server if a person in your party has any food allergies.**