

# *il Casale*

## **Gluten-free Menu**

**Below is a sampling of dishes that are available to be prepared gluten-free.**

*Always communicate with your server about any food allergies.*

### SFIZI

**olive miste**, cured Italian olives, citrus, rosemary 5.

**burrata nord-sud**, arugula, roasted plums, speck, candied pistachios 12. \*\*\*

**polpo**, octopus salad, potatoes, castelvetro olives, preserved lemon 14.

### INSALATE

**caprese**, native heirloom tomatoes, stracciatella cheese, fresh basil, aged balsamic 13.

**Ipanema**, baby spinach salad, papaya-mango salsa, hearts of palm, avocado, Brazilian cashews 14.

**Greca**, arugula, watermelon, Greek feta, olive oil croutons, mint, fresh cracked black pepper 12.\*\*\*

### FORMAGGI

selection of aged cheeses from italy, jam 16. \*\*\*

### SALUMI

salumi plate for two, classic italian charcuterie paired with seasonal fruit 21.\*\*\*

### PESCE

**pescespada alla puttanesca**, grilled swordfish, tomato-olive sugo, polenta fries, micro greens 27.

**salmone**, grilled Black Pearl Maine salmon, grilled zucchini salad, corn on the cob 26.

**pescato di giornata**, catch of the day /market. \*\*\*

**risotto di capesante**, pan-seared scallop "rosace" over tomato risotto, black olive tapenade 14. /28

### CARNE

**piccata siciliana**, oven-roast chicken, lemon-caper sauce (Giannone, Organic & Halal, QC) 24.

**saltimbocca alla romana**, veal medallions, prosciutto, bufala mozzarella, veal demi-glace 27. \*\*\*

**agnello scottadito**, lamb porterhouse chops, beet Lyonnaise, cannellini bean hummus 29.

**gran misto griglia del Casale**, "cut of the day" with grilled vegetables / MKT. \*\*\*

### CONTORNI 8. each

**rapini all'aglio**, sautéed broccoli rabe, garlic, chile flake

**spinaci**, sautéed spinach, lemon mascarpone

**arrabbiata**, sautéed string beans, spicy sugo

**fagioli**, warm cannellini bean salad, shaved red onion, pear tomatoes, basil vinaigrette

**\*\*\*A few ingredients will be left out in these dishes to accommodate gluten-free requests.**

**\*Consuming raw or undercooked meats, poultry,  
seafood or eggs increases your risk of food borne illness.**

**Not all ingredients are listed.**

**Before you place your order please inform your server  
if a person in your party has any food allergies.**