

il Casale

Gluten-free Menu

Below is a sampling of dishes that are available to be prepared gluten-free.

Always communicate with your server about any food allergies.

SFIZI

olive miste, cured Italian olives, citrus, rosemary 5.

burrata nord-sud, arugula, roasted plums, speck, candied pistachios 12. ***

polpo, octopus salad, potatoes, castelvetro olives, preserved lemon 14.

INSALATE

tonnato, organic greens, thin-sliced porchetta, preserved Sicilian tuna crostini 12.

Ipanema, baby spinach salad, papaya-mango salsa, hearts of palm, avocado, Brazilian cashews 14.

amara, bitter greens, creamy goat cheese, candied almonds, Amaretto di Saronno soaked raisins 13.

FORMAGGI

selection of aged cheeses from Italy, jam 16. ***

SALUMI

salumi plate for two, classic Italian charcuterie paired with seasonal fruit 21.***

PESCE

pescespada alla puttanesca, grilled swordfish, tomato-olive sugo, polenta fries, micro greens 27.

trota involtino, pancetta wrapped rainbow trout, celery root mash mustard greens, orange oil 26.

pescato di giornata, catch of the day / market. ***

risotto alla pescatora, "fisherman's style" tomato risotto with catch of the day...inquire MKT

CARNE

piccata siciliana, oven-roast chicken, lemon-caper sauce (Giannone, Organic & Halal, QC) 24.

saltimbocca alla romana, veal medallions, prosciutto, buffalo mozzarella, veal demi-glace 27. ***

agnello alla Greca, roast leg of spring lamb, warm string bean & potato salad, tzatziki dressing 29.

gran misto griglia del Casale, "cut of the day" with grilled vegetables / MKT. ***

CONTORNI 8. each

rapini all'aglio, sautéed broccoli rabe, garlic, chili flake

spinaci, sautéed spinach, lemon mascarpone

pureé di patate, Idaho potatoes, rosemary, evoo

scarola, braised escarole, vegetable brodo, garlic, oil, aged balsamic, chili flake

*****A few ingredients will be left out in these dishes to accommodate gluten-free requests.**

***Consuming raw or undercooked meats, poultry,
seafood or eggs increases your risk of food borne illness.**

Not all ingredients are listed.

**Before you place your order please inform your server
if a person in your party has any food allergies.**